

Date of Referral _____

Patient Name _____

Patient DOB _____ Contact Number _____

Address _____

Reason for Referral _____

GOALS FOR TREATMENT (Please tick)

- | | |
|--|--|
| <input type="checkbox"/> Improve symptoms & function (home/school) | <input type="checkbox"/> Address risk |
| <input type="checkbox"/> Diagnostic clarification | <input type="checkbox"/> School attendance |
| | <input type="checkbox"/> Other |

CONCERNS (Please tick)

MOOD SYMPTOMS

- Sleep
- Appetite
- Energy
- Changes in mood
- Motivation
- Reduced interest & enjoyment
- Social withdrawal

ANXIETY SYMPTOMS

- Panic Attacks
- Excessive Worrying
- Obsession/Compulsion
- Nightmares/Flashbacks
- Social Anxiety
- School Absence

BEHAVIOUR DIFFICULTIES

- Self Injury
- Aggression
- Disruption/Concentration (home/school/work)
- Motivation
- Social/Peer difficulties
- Concentration

EATING

- Restricting/Binging
- Compensating (purging, exercising, laxative)

DEVELOPMENTAL

- Speech/Language
- Intellectual performance
- Peer relationships
- Developmental delay

FUNCTION

- School
- Home
- Work
- Friends

RISKS

- Self
- Other

ADDITIONAL INFORMATION (Needed for MHCP for Psychologist)

- NUMBER of sessions
- | | |
|---------------------------------------|----------------------------------|
| <input type="checkbox"/> 6 Individual | <input type="checkbox"/> 6 Group |
| <input type="checkbox"/> 4 Individual | <input type="checkbox"/> 4 Group |

DIAGNOSIS (please tick one or more if known)

- | | | |
|---|--|---|
| <input type="checkbox"/> Mood Disorder | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Gender Dysphoria |
| <input type="checkbox"/> Anxiety Disorder | <input type="checkbox"/> ADHD | |

REFERRAL FOR SPECIFIC ASSESSMENTS (may not be covered by Medicare)

- | | | |
|---|-------------------------------|--|
| <input type="checkbox"/> Cognitive (psychometric) | <input type="checkbox"/> ADHD | <input type="checkbox"/> Learning Disorder |
|---|-------------------------------|--|

REFERRING PRACTITIONER DETAILS (or STAMP)

NAME _____

CLINIC _____

ADDRESS _____

PHONE NUMBER _____ FAX NUMBER _____

PROVIDER NUMBER _____

**BOOK APPOINTMENT WITH:
PSYCHIATRIST**

- Dr Emma Heffernan (Child/Adolescent/Adult)
- Dr Jan Geertsema (Child/Adolescent/Adult)
- Dr Jasveen Kaur (Child/Adolescent/Adult)
- Dr Megan Richardson (Child/Adolescent)
- Dr Nasim Heidari (Child/Adolescent/Adult)
- Dr Sonali de Sylva (Child/Adolescent)
- Dr Sabine Woerwag-Mehta (Child/Adolescent/Adult)
- Dr Patrik Ho (Child/Adolescent Registrar)

PSYCHOLOGIST

- Breanna Kelly - Clinical (Child/Adolescent)
- Fiona Jamieson - Clinical (Child/Adolescent)
- Louise Stariha - Educational (Child/Adolescent/Adult)
- Karen Breedon (Clinical Registrar)
- Nicole Dorrington (Child/Adolescent)
- Sonja Kubik (Clinical Registrar)
- Swati Basu (Child/Adolescent/Adult)
- Kathy Kent (Adolescent/Adult)

MENTAL HEALTH SOCIAL WORKER

- Melissa Armstrong (Child/Adolescent/Adult)

OCCUPATIONAL THERAPIST

- Lisa Johnson (Adolescent/Adult)
- Raeleigh Bryant (Child/Adolescent)