

Date of Referral \_\_\_\_\_

Patient Name \_\_\_\_\_

Patient DOB \_\_\_\_\_ Contact Number \_\_\_\_\_

Address \_\_\_\_\_

Reason for Referral \_\_\_\_\_

**GOALS FOR TREATMENT** (Please tick)

- |  |  |
|--|--|
| <input type="checkbox"/> Improve symptoms & function (home/school) | <input type="checkbox"/> Address risk      |
| <input type="checkbox"/> Diagnostic clarification                  | <input type="checkbox"/> School attendance |
|  | <input type="checkbox"/> Other             |

**CONCERNS** (Please tick)

**MOOD SYMPTOMS**

- Sleep
- Appetite
- Energy
- Changes in mood
- Motivation
- Reduced interest & enjoyment
- Social withdrawal

**ANXIETY SYMPTOMS**

- Panic Attacks
- Excessive Worrying
- Obsession/Compulsion
- Nightmares/Flashbacks
- Social Anxiety
- School Absence

**BEHAVIOUR DIFFICULTIES**

- Self Injury
- Aggression
- Disruption/Concentration (home/school/work)
- Motivation
- Social/Peer difficulties
- Concentration

**EATING**

- Restricting/Binging
- Compensating (purging, exercising, laxative)

**DEVELOPMENTAL**

- Speech/Language
- Intellectual performance
- Peer relationships
- Developmental delay

**FUNCTION**

- School
- Home
- Work
- Friends

**RISKS**

- Self
- Other

**ADDITIONAL INFORMATION** (Needed for MHCP for Psychologist)

- NUMBER of sessions
- |                                       |                                  |
|---------------------------------------|----------------------------------|
| <input type="checkbox"/> 6 Individual | <input type="checkbox"/> 6 Group |
| <input type="checkbox"/> 4 Individual | <input type="checkbox"/> 4 Group |

DIAGNOSIS (please tick one or more if known)

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Mood Disorder    | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Gender Dysphoria |
| <input type="checkbox"/> Anxiety Disorder | <input type="checkbox"/> ADHD            |   |

REFERRAL FOR SPECIFIC ASSESSMENTS (may not be covered by Medicare)

- |   |                               |  |
|---|-------------------------------|--|
| <input type="checkbox"/> Cognitive (psychometric) | <input type="checkbox"/> ADHD | <input type="checkbox"/> Learning Disorder |
|---|-------------------------------|--|

**REFERRING PRACTITIONER DETAILS (or STAMP)**

NAME \_\_\_\_\_

CLINIC \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ FAX NUMBER \_\_\_\_\_

PROVIDER NUMBER \_\_\_\_\_

**BOOK APPOINTMENT WITH:**

**PSYCHIATRIST**

- Dr Emma Heffernan (Child/Adolescent/Adult)
- Dr Jasveen Kaur (Child/Adolescent/Adult)
- Dr Megan Richardson (Child/Adolescent)
- Dr Nasim Heidari (Child/Adolescent/Adult)
- Dr Sonali de Sylva (Child/Adolescent)
- Dr Sabine Woerwag-Mehta (Child/Adolescent/Adult)

**PSYCHOLOGIST**

- Breanna Kelly - Clinical (Child/Adolescent)
- Fiona Jamieson - Clinical (Child/Adolescent)
- Louise Stariha - Educational (Child/Adolescent/Adult)
- Nicole Dorrington (Child/Adolescent)
- Sonja Kubik (Child/Adolescent)
- Swati Basu (Child/Adolescent/Adult)
- Kathy Kent (Adolescent/Adult)

**MENTAL HEALTH SOCIAL WORKER**

- Melissa Armstrong (Child/Adolescent/Adult)

**DIETITIAN**

- Kate Feely (Child/Adolescent/Adult)

**OCCUPATIONAL THERAPIST**

- Lisa Johnson (Adolescent/Adult)
- Raeleigh Bryant (Child/Adolescent)