

DATE OF REFERRAL

PATIENT NAME

PATIENT DOB

CONTACT NO.

ADDRESS

REASON FOR REFERRAL

GOALS FOR TREATMENT (please tick)

- improve symptoms & function (home/school/work)
- diagnostic clarification
- address risk
- school attendance
- other

CONCERNS (please tick)

MOOD SYMPTOMS

- Sleep
- Appetite
- Energy
- Changes in mood
- Motivation
- Reduced interest & enjoyment
- Social Withdrawal

ANXIETY SYMPTOMS

- Panic Attacks
- Excessive Worrying
- Obsessions / Compulsions
- Nightmares / Flashbacks
- Social Anxiety
- School Absence

BEHAVIOUR DIFFICULTIES

- Self Injury
- Aggression
- Disruption/Concentration (home/school/work)
- Motivation
- Social / Peer difficulties
- Concentration

EATING

- Restricting / Binging
- Compensating (purging, exercise, laxative)

DEVELOPMENTAL

- Speech / Language
- Intellectual Performance
- Peer Relationships
- Developmental Delay

FUNCTION

- School
- Home
- Work
- Friends

RISKS

- Self
- Others

ADDITIONAL INFO (Needed for MHCP for Psychologist)

1. NO. OF SESSIONS
 - 6 (Individual)
 - 4 (Individual)
 - 6 (Group)
 - 4 (Group)
2. DIAGNOSIS (Please tick one or more if known)
 - Mood Disorder
 - Anxiety Disorder
 - Eating Disorder
 - ADHD
 - Gender Dysphonia
3. REFERRAL FOR SPECIFIC ASSESSMENTS (May not be covered by Medicare)
 - Cognitive (or psychometric)
 - ADHD
 - Learning Disorder

REFERRING PRACTITIONER DETAILS (or stamp)

NAME

CLINIC

ADDRESS

PHONE

FAX

EMAIL

PROVIDER NO.



BOOK APPOINTMENT WITH: PSYCHIATRIST

- Dr Sonali de Sylva (child/adolescent)
- Dr Emma Heffernan (child/adolescent/adult)
- Dr Jasveen Kaur (child/adolescent/adult)
- Dr Megan Richardson (child/adolescent)
- Dr Sundar (child/adolescent)
- First Available

PSYCHOLOGIST

- Swati Basu (child/adolescent/adult)
- Fiona Jamieson (clinical psychologist)
- Kathy Kent (adolescent/adult)
- Elizabeth Parr (adolescent/adult)
- Annie Pate (child/adolescent)
- First Available

MENTAL HEALTH SOCIAL WORKER

- Melissa Armstrong (child/adolescent/adult)

SPEECH PATHOLOGIST

- Judy Lockhart (child/adolescent)

DIETICIAN

- Kate Feely (child/adolescent/adult)

ATTACHMENTS:

- Pathology / Radiology
- School reports
- Assessments (psychology/OT/speech pathology)

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